

LPCS Professional Disclosure Statement

She Soars Counseling & Wellness, PLLC
President, Emily Ciepielinski, Ph.D., LPCS, CEDS-S
4108 Park Rd Suite 101
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980.500.9260

Qualifications:

Dr. Ciepielinski earned her doctorate in counselor education and supervision from the University of Texas at San Antonio in May 2016. Prior to her doctoral work, she obtained her master of arts degree in clinical psychology with an emphasis on marriage and family therapy from Pepperdine University in 2006. She then became licensed in the state of North Carolina as a licensed professional counselor (NC LPC #7278) in early 2009. Upon moving to Texas later that year, Dr. Ciepielinski became an LPC there as well, and later, an LPC supervisor. Currently, Dr. Ciepielinski is licensed as a Licensed Professional Counselor Supervisor in the state of North Carolina (NC LPCS #S12668). Dr. Ciepielinski has been in the field of counseling for over ten years, working with a variety of populations and presenting issues.

Counseling Background

Dr. Ciepielinski has experience working with children, adolescents, adults, and families. Most of her clinical experience consists of working with individuals struggling with anxiety and/or depression, adjustment issues, stress management, eating disorders and body image, and grief and loss issues. Dr. Ciepielinski has worked in a variety of counseling settings: a multi-culturally diverse counseling clinic in Los Angeles, four different treatment centers for eating disorders, a university counseling center, and a children's bereavement center. Dr. Ciepielinski has been trained extensively in the use of dialectical behavior therapy (DBT), cognitive behavior therapy (CBT), and acceptance and commitment therapy (ACT). Her theoretical orientation has also been shaped by the principles of relational-cultural (RCT) therapy. Dr. Ciepielinski strives to adapt her counseling approach and techniques to best serve the needs of each client, while always utilizing evidenced-based modalities.

Session Fees and Length of Service

Sessions last fifty minutes with a fee of \$ _____ per session.

Dr. Ciepielinski accepts cash, check, and credit card. At this time, Dr. Ciepielinski does not bill directly to insurance companies, but clients may feel free to submit insurance forms and seek reimbursement on their own.

Use of Diagnosis

Some health insurance companies will reimburse clients for counseling services and some will not. In addition, most will require a diagnosis of a mental health condition and indicate that you must have an “illness” before they will agree to reimburse you. Some conditions for which people seek counseling do not qualify for reimbursement. If a qualifying diagnosis is appropriate, Dr. Ciepcielinski will inform the client of the diagnosis before she signs any forms to be submitted to the health insurance company. Any diagnosis made will become part of the client’s permanent insurance records.

Confidentiality

All communication between a counselor and a client becomes part of the clinical record, which is accessible to clients upon request. Dr. Ciepcielinski will keep confidential anything a client says as part of the counseling relationship, with several exceptions. For example, there are some situations in which a counselor is legally obligated to take action to protect individuals from harm, even if the counselor has to divulge information about a client’s treatment. These exceptions include: (a) the client consents in writing to disclose information to someone else, (b) it is determined that the client is a danger to self or others, (c) the counselor has reason to believe a child, elderly, or disabled person is being abused or neglected, or (d) the counselor is ordered by a court to disclose information.

Complaints

Although clients are encouraged to discuss any concerns with Dr. Ciepcielinski directly, you may file a complaint against her with the organization below should you feel she is in violation of any of these codes of ethics. Dr. Ciepcielinski abides by the ACA Code of Ethics (<http://www.counseling.org/Resources/aca-code-of-ethics.pdf>).

North Carolina Board of Licensed Professional Counselors P.O. Box 77819 Greensboro, NC
27417 Phone: 844-622-3572 or 336-217-6007 Fax: 336-217-9450 E-mail:
Complaints@ncblpc.org

Acceptance of Terms

We agree to these terms and will abide by these guidelines.

Client: _____ Date: _____

Counselor: _____ Date: _____